

KHELSHALA

Empowering children through sport



www.khelshala.in

BACKGROUND

Schools in India are acutely under-resourced, impeding children's exposure to quality education. This, combined with poverty and adverse family conditions, disrupts children's development rendering them prone to antisocial behaviour which can destroy the future of these children and negatively impact our society.

“*Khelshala helps its students discover a new way of life to 'graduate' out of their vicious circle of social and economic backwardness through higher learning and hard-work.*”

Khelshala was founded by Satinder Bajwa, former Harvard Director of Squash to help these children break-free from the negative atmosphere, through holistic after-school education. Introducing lifetime sports, academic help and yoga practice, we instill values of self-confidence, morality, responsibility, and hope to make a positive difference to the lives we touch.



Manish Kumar, son of a street vendor, is Khelshala's first graduate and a model student. During his seven years at Khelshala, he worked hard to excel in sports, and also graduated with a degree in IT. He is now training to become a professional graphic designer and gives back to Khelshala as a mentor and computer teacher.

Our Scholars



These children have obtained scholarships to private schools like Learning Paths School, Mohali and St. Stephen School, Chandigarh

Priya Gupta, daughter of a scrap-dealer has been awarded Young India Fellowship (YIF) with the full scholarship worth Rs. 9 lakh (\$15000) at Ashoka University, where she will be pursuing 1-year Multidisciplinary Postgraduate Diploma Programme in Liberal Studies along with 300 other YIF recipients from across the Country. She is also a champion squash player and winner of inter-university squash championship for two consecutive years in 2015 and 2016.



WE DO WHAT WE S.A.Y.

SPORT

Through sports like squash and tennis, we help children develop individuality, responsibility and character.

Many of our players will be competing in the 2018 Indian Junior Squash Championship with 1 or 2 players contending to challenge for top 10 positions.

ACADEMICS

Through academics, we inculcate the ethics of learning, reasoning, focus and discipline. **7 of our students are attending college and Priya Gupta is selected for Young India Fellowship (YIF) at Ashoka University. She also received Student of the Year 2018 award from Post Govt. College, Chandigarh.**

YOGA & WELLBEING

Through yoga and meditation, we motivate children to build a healthy, stress-free life and embrace holistic wellbeing.

Our students are taught to embrace values such as respect, integrity, and responsibility to help them be better citizens in the community.



Individual sport pursuit means that each child is a team; with 100 children we have 100 teams!

“ Why sport? Because sport brings the **Best** out of you, whether you succeed or fail ”

- Satinder Bajwa (BAJ), former Harvard University squash coach, & Founder, Khelshala

HOW DOES IT WORK?

We engage children during after school hours at one of our two facilities located in Attawa and Majra to give them a platform to have a meaningful social interaction through sport. We offer guidance and help to complete their homework, encourage them to read books, gain basic computer literacy and discuss news. To combat malnutrition, we offer supplemental nourishment in the form of fruits, milk and vitamins.

“ At Khelshala, the students are given exposure to sports like squash and tennis, and are being taught vital life lessons and ethics such as hardwork, responsibility and mental strength. ”

- Vedant Ambani

“ We take a ‘**sports plus**’ approach and provide positive reinforcement through awarding ‘play hours’ for the student’s efforts. ”

WHY KHELSHALA?

At Khelshala, both boys and girls get equal opportunity to improve their personality and life through sports. Without Khelshala they would have never seen a squash/tennis racket, or a squash/tennis court for that matter. These elite games give them an opportunity to interact with a new circle of high-networth individuals, and the confidence to strike a conversation, as an equal.



Anurag Thakur, son of a cycle repairer, has blossomed into a gifted squash player winning 5th place in the 'Moment of Joy' tournament at Mumbai and coming 4th in the Khelshala Junior Squash Open in Chandigarh. His success so far makes him a contender to place in the top 10 in the 2018 BU-17 Indian Junior Squash Championship.

Our Athletes



Sawaib Khan, son of a farm worker and one of our leading tennis players loves exploring electronic gadgets, uses a mobile phone as an i-pod, and avoids putting a sim-card to keep himself safe from radiation. Sawaib has won numerous awards in under 12, 14 and 16 category local & state tennis championships. He has the potential to play at the national level.

Contribute and make a difference! ANY AMOUNT... IS BIG!

WHAT YOUR MONEY CAN DO



Sports equipment & clothing



Private school/college/ university scholarship



Yoga and nutrition



Tennis



Squash



Academics



Yoga



Nutrition